### The Kitchen is for melting goodies and yummies ....



### Don't let yourself get caught overindulging

#### SLIPS, TRIPS and FALLS can happen at any time!

- Keep floors CLEAN
- Clean up spills IMMEDIATELY
- REPORT tripping or slipping hazards
- WALK Do Not Run
- Keep doors and drawers CLOSED when not in use
- Use warning SIGNS for wet floors or other hazards



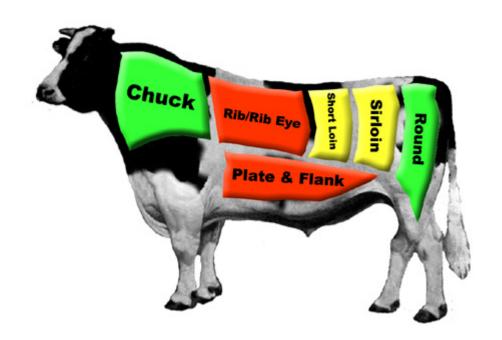
## CAN YOU SPOT THE SUP OR TRIP HAVARDE



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### The only cuts we should see in the krichen.



# Should come from the food!

### To prevent knife and cutting injuries:

- Always cut away from you
- Use the right knife for the job
- Store knives safely
- Get proper training on the use of slicers, grinders, mincers and band saws

### The only cuts we should see in the krichen.



# Should come from the foot!

### To prevent knife and blade injuries:

- Always cut away from you
- Use the right knife for the job
- Store knives safely
- Get proper training on the use of slicers, grinders, mincers and band saws

## 10 simple rules to keeping all your fingers...

- 1. Use the right knife for the job
- 2. Make sure the knife is sharp
- 3. Always use a proper cutting board or block
- 4. Store knives properly in racks
- 5. Cut away from your body
- 6. Do not leave a knife in dish water
- 7. Do not try to catch a falling knife
- 8. Ensure safety guards are in place to prevent access to blades
- 9. Do not put your hands into an operating food processor, mixer, slicer, mincer or band saw
- 10. PAY ATTENTION!



