

# First Aid Kit Checklist (Regulation 1101)



| No. staff  | First Aid Kit Requirements                                  | Inspected by / Date & Sign        | Inspected by / Date & Sign | Inspected by / Date & Sign | Inspected by / Date & Sign | *   |
|--|---|-----------------------------------|----------------------------|----------------------------|----------------------------|---|
| 1 – 5<br>(Sec. 8, Reg. 1101)                                 | <b>A current First Aid manual</b>                           | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   | *Consider including Adhesive Bandages in shades of light brown, medium brown, and dark brown, e.g., Band-Aid® Brand |
|  | 1 card of safety pins                                       | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|  | 12 adhesive dressings individually wrapped*                 | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|  | 4 sterile 3" square gauze pads                              | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|  | 2 rolls of 2" gauze bandage                                 | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|  | 2 field dressings, 4" square or 2x4" bandage compresses     | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|  | 1 triangular bandage  | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
| 6 – 15<br>(Sec. 9, Reg. 1101)                                | <b>A current First Aid manual</b>                           | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|  | 1 card of safety pins                                       | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|  | 24 adhesive dressings individually wrapped*                 | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|  | 12 sterile 3" square gauze pads                             | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|  | 4 rolls of 2" gauze bandage                                 | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|  | 4 rolls of 4" gauze bandage                                 | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|  | 4 surgical pads suitable for pressure dressing (individual) | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|  | 6 triangular bandages                                       | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|  | 2 rolls of splint padding                                   | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|  | 1 roll-up splint  | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|  | 16 – 199<br>(Sec. 10, Reg. 1101)                            | <b>A current First Aid manual</b> | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
| 24 safety pins and 1 basin                                   |   | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
| 48 adhesive dressings individually wrapped*                  |   | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
| 2 rolls of 1" adhesive tape                                  |   | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
| 12 rolls of 1" gauze bandage                                 |   | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
| 48 sterile 3" square gauze pads                              |   | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
| 8 rolls of 2" gauze bandage                                  |   | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
| 8 rolls of 4" gauze bandage                                  |   | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
| 6 surgical pads suitable for pressure dressings (individual) |   | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
| 12 triangular bandages                                       |   | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
| Splints of assorted sizes                                    |   | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
| 2 rolls of splint padding                                    |   | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
| 1 stretcher and 2 blankets                                   |   | <input type="checkbox"/>          | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |

# First Aid Kit Checklist (Regulation 1101)



| No. staff                    | First Aid Room Requirements  | Inspected by / Date & sign | Inspected by / Date & sign | Inspected by / Date & sign | Inspected by / Date & sign | *   |
|------------------------------|--|----------------------------|----------------------------|----------------------------|----------------------------|---|
| 200+<br>(Sec. 11, Reg. 1101) | A current First Aid manual   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   | *Consider including Adhesive Bandages in shades of light brown, medium brown, and dark brown, e.g., Band-Aid® Brand |
|                              | Dressing scissors and forceps  | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|                              | Safety pins  | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|                              | Graduated medicine glass   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|                              | Tongue depressors,   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|                              | Applicators, cotton tipped   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|                              | Denatured ethyl alcohol  | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|                              | Adhesive dressings, individually wrapped*  | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|                              | Sterile gauze pads of assorted sizes, individually wrapped                         | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|                              | Gauze bandages of assorted sizes   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|                              | Adhesive plaster   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|                              | Absorbent cotton   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|                              | Triangular bandages  | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|                              | Splints of assorted sizes  | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|                              | Splint padding   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|                              | Hot and cold running water   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|                              | 3 wash basins  | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|                              | 1 instrument sterilizer  | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|                              | 1 cabinet for surgical dressings   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|                              | 1 enamel foot bath   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|                              | 1 sanitary disposal receptacle with lid  | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|                              | 1 first aid box containing as a minimum items required by Reg. 1101, Section 9 (1) | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|                              | 1 couch curtained off or in a separate cubicle                                     | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |
|                              | 1 stretcher and 2 blankets   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   | <input type="checkbox"/>   |   |

**First Aiders: Remember to inspect first aid boxes at least once every three months (4X/year).**

Personal protective equipment (e.g., CPR mask and non-latex gloves) as prescribed by the first aid training should also be included in the first aid box.