

# Monkeypox

## Transmission, Facts and Advice

Monkeypox is a rare viral illness that causes fever, headache, swollen lymph nodes and tiredness, followed by a rash over a person's body. It is usually spread by very close intimate/sexual contact with someone who has the virus.

If you have any symptoms of monkeypox, isolate yourself immediately and contact U of T Occupational Health Services at **(416) 978-4476** or **[ehs.occhealth@utoronto.ca](mailto:ehs.occhealth@utoronto.ca)**.

**For more information: [uoft.me/monkeypox](https://uoft.me/monkeypox)**