

# Joint Health and Safety Committee (JHSC)

This checklist is intended to provide general guidance on inspecting workplace environments for actual or potential health and safety hazards. It is not intended to be exhaustive. Committees should regularly review and update their checklist as applicable.

Cor	
	eral ergency Preparedness
_	irst Aid
	First aid kit readily available / accessible
_	First aid kit inspections up to date
	Required postings available by first aid kit.
	mergency Equipment
	Fire control equipment regularly tested and
	accessible
	Fire control equipment appropriate for type of
	fire it must control
	Fire control equipment serviced in the past year
	and fully charged
	Emergency lighting in place and regularly tested
	Emergency exits marked
	mergency Procedures
	List of emergency phone numbers posted
	Personnel trained in emergency procedures
_	(e.g., evacuation, fire, bomb threat)
	Personnel familiar with accident reporting
	procedures
Saf	ety Bulletin Boards
	Copy of the Occupational Health and Safety Act
	University Health & Safety Policy and current
	within 1 year
	University of Toronto Workplace Harassment
	and <u>Violence</u> Policies
	Current list of JHSC members
	Minutes of last committee meeting
	WSIB In Case of Injury Poster
	Ministry of Labour (MOL) <u>Health &amp; Safety at</u>
	Work Prevention Starts Here
	MOL Reports, if any
	Type 3 Asbestos Abatement Information
Sec	urity/Personal Safety
Wh	ere the following conditions exist, measures and
pro	cedures have been developed to address personal
safe	ety:
	Providing services to non-UofT community
	Handling valuables (cash or other)
	Working alone, in small numbers, or during off-
_	peak hours
	Work is scheduled to avoid, as much as possible,
_	working alone, in small numbers or during off-
	peak hours
	Adequate lighting in and around work areas
	Good sight lines of entrances and exits
$\Box$	If there is a reception area, visitors are greeted
	promptly and/or required to sign-in
	Location of valuables is locked/hidden (petty
	cash is kept to a minimum)
	Workers have a secured location, out of public
	sight for personal belongings (e.g., purse)
	A means of summoning immediate assistance is
_	available
	Emergency phone numbers (e.g., Campus
	Safety) are posted
	<i>,,</i>
	Distribution of keys is controlled and recorded
	Non-workers are accompanied in restricted
	areas
	Security breaches (e.g., broken locks, windows)
	Presence of persons who should not be in the
	space after hours are restricted
	Inappropriate use of facilities by members of
	the public

	· · · · · /	
Exhluus	tive. C	Committees should regularly review and updat
		Impeded sight lines (e.g., overgrown shrubbery
		or other objects blocking indoor / outdoor areas
		from being seen that creates potential for
		workplace violence to occur in areas hidden
		from view)
		Impeded safety mechanisms (e.g., objects
		interfering with emergency telephones or
		lighting in dark areas)
		Where applicable, security features are
		operational.
	Sani	tation and Amenities
r		Eating facilities clean and tidy where provided
r		Washroom facilities adequate and clean
		-
d		Proper handwashing facilities
		Drinking water available
		Hot and cold water available
		Waste containers clean and adequate
	Floo	rs, Aisles, Stairways, Exits
		Clear and unobstructed
		Floors are regularly cleaned
		Adequate aisles and walkways
		Free of loose materials, debris, spills or worn
t	_	carpeting
		Appropriate non-slip floor mats as required
	Hou	sekeeping/Materials Storage
		Materials safely stored (in bins/drawers where
		possible)
		Materials neatly and safely stored
		Work areas/benchtops and floors clean and
	_	organized
		Commonly used and heavier items stored
		between mid-thigh and shoulder height
		Surrounding areas clear of obstructions
		Racks, shelves or pallets kept in good condition
		Paper and wastes properly disposed of
_		Surface dust levels low
al	Light	ting
31		Adequate for tasks conducted
		-
		Light fixtures in good condition
		Work surfaces free from glare or shadows
		Work surfaces free from glare or shadows Floors, aisles & staircases are well lit
		Work surfaces free from glare or shadows
e,		Work surfaces free from glare or shadows Floors, aisles & staircases are well lit
- e,	Gen	Work surfaces free from glare or shadows Floors, aisles & staircases are well lit eral Ventilation/Indoor Air Quality
е,	Gen	Work surfaces free from glare or shadows Floors, aisles & staircases are well lit eral Ventilation/Indoor Air Quality Ventilation adequate for room conditions and usage
e,	Gen	Work surfaces free from glare or shadows Floors, aisles & staircases are well lit eral Ventilation/Indoor Air Quality Ventilation adequate for room conditions and usage Thermal comfort maintained (temperature,
- e,	Gen	Work surfaces free from glare or shadows Floors, aisles & staircases are well lit eral Ventilation/Indoor Air Quality Ventilation adequate for room conditions and usage Thermal comfort maintained (temperature, humidity, air flow)
е,	Gen	Work surfaces free from glare or shadows Floors, aisles & staircases are well lit eral Ventilation/Indoor Air Quality Ventilation adequate for room conditions and usage Thermal comfort maintained (temperature, humidity, air flow) Ventilation systems regularly inspected, tested
- e,	Gen	Work surfaces free from glare or shadows Floors, aisles & staircases are well lit eral Ventilation/Indoor Air Quality Ventilation adequate for room conditions and usage Thermal comfort maintained (temperature, humidity, air flow) Ventilation systems regularly inspected, tested and maintained
- e,	Gen	Work surfaces free from glare or shadows Floors, aisles & staircases are well lit eral Ventilation/Indoor Air Quality Ventilation adequate for room conditions and usage Thermal comfort maintained (temperature, humidity, air flow) Ventilation systems regularly inspected, tested and maintained Air inlets and outlets free of contamination such
- e,	Gen	Work surfaces free from glare or shadows Floors, aisles & staircases are well lit eral Ventilation/Indoor Air Quality Ventilation adequate for room conditions and usage Thermal comfort maintained (temperature, humidity, air flow) Ventilation systems regularly inspected, tested and maintained Air inlets and outlets free of contamination such as dust, dirt build-up, or mould
e,	Gen	Work surfaces free from glare or shadows Floors, aisles & staircases are well lit eral Ventilation/Indoor Air Quality Ventilation adequate for room conditions and usage Thermal comfort maintained (temperature, humidity, air flow) Ventilation systems regularly inspected, tested and maintained Air inlets and outlets free of contamination such
e,	Gen	Work surfaces free from glare or shadows Floors, aisles & staircases are well lit eral Ventilation/Indoor Air Quality Ventilation adequate for room conditions and usage Thermal comfort maintained (temperature, humidity, air flow) Ventilation systems regularly inspected, tested and maintained Air inlets and outlets free of contamination such as dust, dirt build-up, or mould
e,	Genu	Work surfaces free from glare or shadows Floors, aisles & staircases are well lit eral Ventilation/Indoor Air Quality Ventilation adequate for room conditions and usage Thermal comfort maintained (temperature, humidity, air flow) Ventilation systems regularly inspected, tested and maintained Air inlets and outlets free of contamination such as dust, dirt build-up, or mould kstation Ergonomics
e, s	Genu	Work surfaces free from glare or shadows Floors, aisles & staircases are well lit eral Ventilation/Indoor Air Quality Ventilation adequate for room conditions and usage Thermal comfort maintained (temperature, humidity, air flow) Ventilation systems regularly inspected, tested and maintained Air inlets and outlets free of contamination such as dust, dirt build-up, or mould extation Ergonomics Appropriate adjustable furniture and equipment available
	Geni Geni C	Work surfaces free from glare or shadows Floors, aisles & staircases are well literal Ventilation/Indoor Air QualityVentilation adequate for room conditions and usageThermal comfort maintained (temperature, humidity, air flow)Ventilation systems regularly inspected, tested and maintainedAir inlets and outlets free of contamination such as dust, dirt build-up, or mouldKatation ErgonomicsAppropriate adjustable furniture and equipment availableWorkstation heights adjustable to suit worker
	Gend Gend Wor	Work surfaces free from glare or shadows Floors, aisles & staircases are well lit eral Ventilation/Indoor Air Quality Ventilation adequate for room conditions and usage Thermal comfort maintained (temperature, humidity, air flow) Ventilation systems regularly inspected, tested and maintained Air inlets and outlets free of contamination such as dust, dirt build-up, or mould kstation Ergonomics Appropriate adjustable furniture and equipment available Workstation heights adjustable to suit worker size as applicable
	Gend Wor	Work surfaces free from glare or shadows Floors, aisles & staircases are well literal Ventilation/Indoor Air QualityVentilation adequate for room conditions and usageThermal comfort maintained (temperature, humidity, air flow)Ventilation systems regularly inspected, tested and maintainedAir inlets and outlets free of contamination such as dust, dirt build-up, or mouldKstation ErgonomicsAppropriate adjustable furniture and equipment availableWorkstation heights adjustable to suit worker size as applicableChairs appropriate to task and adjustable
	Gend Gend Wor	Work surfaces free from glare or shadows Floors, aisles & staircases are well literal Ventilation/Indoor Air QualityVentilation adequate for room conditions and usageThermal comfort maintained (temperature, humidity, air flow)Ventilation systems regularly inspected, tested and maintainedAir inlets and outlets free of contamination such as dust, dirt build-up, or mouldkstation ErgonomicsAppropriate adjustable furniture and equipment availableWorkstation heights adjustable to suit worker size as applicableChairs appropriate to task and adjustable Footrest provided where needed
	Geni Geni U	Work surfaces free from glare or shadows         Floors, aisles & staircases are well lit         eral Ventilation/Indoor Air Quality         Ventilation adequate for room conditions and         usage         Thermal comfort maintained (temperature,         humidity, air flow)         Ventilation systems regularly inspected, tested         and maintained         Air inlets and outlets free of contamination such         as dust, dirt build-up, or mould         Kstation Ergonomics         Appropriate adjustable furniture and equipment         available         Workstation heights adjustable to suit worker         size as applicable         Chairs appropriate to task and adjustable         Footrest provided where needed         Sufficient workspace for the intended work.
	Gend Gend Wor	Work surfaces free from glare or shadows         Floors, aisles & staircases are well lit         eral Ventilation/Indoor Air Quality         Ventilation adequate for room conditions and         usage         Thermal comfort maintained (temperature,         humidity, air flow)         Ventilation systems regularly inspected, tested         and maintained         Air inlets and outlets free of contamination such         as dust, dirt build-up, or mould         kstation Ergonomics         Appropriate adjustable furniture and equipment         available         Workstation heights adjustable to suit worker         size as applicable         Chairs appropriate to task and adjustable         Footrest provided where needed         Sufficient workspace for the intended work.         Frequent micro-breaks from computer or from
	Gen: Gen: C Wor C C C C C C C C C C C C C C C C C C C	Work surfaces free from glare or shadows Floors, aisles & staircases are well lit eral Ventilation/Indoor Air Quality Ventilation adequate for room conditions and usage Thermal comfort maintained (temperature, humidity, air flow) Ventilation systems regularly inspected, tested and maintained Air inlets and outlets free of contamination such as dust, dirt build-up, or mould <b>Extation Ergonomics</b> Appropriate adjustable furniture and equipment available Workstation heights adjustable to suit worker size as applicable Chairs appropriate to task and adjustable Footrest provided where needed Sufficient workspace for the intended work. Frequent micro-breaks from computer or from fixed position work
	Geni Geni U	Work surfaces free from glare or shadows         Floors, aisles & staircases are well lit         eral Ventilation/Indoor Air Quality         Ventilation adequate for room conditions and         usage         Thermal comfort maintained (temperature,         humidity, air flow)         Ventilation systems regularly inspected, tested         and maintained         Air inlets and outlets free of contamination such         as dust, dirt build-up, or mould         kstation Ergonomics         Appropriate adjustable furniture and equipment         available         Workstation heights adjustable to suit worker         size as applicable         Chairs appropriate to task and adjustable         Footrest provided where needed         Sufficient workspace for the intended work.         Frequent micro-breaks from computer or from
	Gen: Gen: C Wor C C C C C C C C C C C C C C C C C C C	Work surfaces free from glare or shadows Floors, aisles & staircases are well lit eral Ventilation/Indoor Air Quality Ventilation adequate for room conditions and usage Thermal comfort maintained (temperature, humidity, air flow) Ventilation systems regularly inspected, tested and maintained Air inlets and outlets free of contamination such as dust, dirt build-up, or mould <b>Extation Ergonomics</b> Appropriate adjustable furniture and equipment available Workstation heights adjustable to suit worker size as applicable Chairs appropriate to task and adjustable Footrest provided where needed Sufficient workspace for the intended work. Frequent micro-breaks from computer or from fixed position work
	Gen: Gen: C Wor C C C C C C C C C C C C C C C C C C C	Work surfaces free from glare or shadows Floors, aisles & staircases are well lit eral Ventilation/Indoor Air Quality Ventilation adequate for room conditions and usage Thermal comfort maintained (temperature, humidity, air flow) Ventilation systems regularly inspected, tested and maintained Air inlets and outlets free of contamination such as dust, dirt build-up, or mould <b>Extation Ergonomics</b> Appropriate adjustable furniture and equipment available Workstation heights adjustable to suit worker size as applicable Chairs appropriate to task and adjustable Footrest provided where needed Sufficient workspace for the intended work. Frequent micro-breaks from computer or from fixed position work Carts or other appropriate mechanical lifting
	Gen:	Work surfaces free from glare or shadows Floors, aisles & staircases are well lit eral Ventilation/Indoor Air Quality Ventilation adequate for room conditions and usage Thermal comfort maintained (temperature, humidity, air flow) Ventilation systems regularly inspected, tested and maintained Air inlets and outlets free of contamination such as dust, dirt build-up, or mould <b>estation Ergonomics</b> Appropriate adjustable furniture and equipment available Workstation heights adjustable to suit worker size as applicable Chairs appropriate to task and adjustable Footrest provided where needed Sufficient workspace for the intended work. Frequent micro-breaks from computer or from fixed position work Carts or other appropriate mechanical lifting equipment / aids available and used for handling heavy / awkward loads/ materials
	Genu Genu Genu Genu Genu Genu Genu Genu	Work surfaces free from glare or shadows Floors, aisles & staircases are well lit eral Ventilation/Indoor Air Quality Ventilation adequate for room conditions and usage Thermal comfort maintained (temperature, humidity, air flow) Ventilation systems regularly inspected, tested and maintained Air inlets and outlets free of contamination such as dust, dirt build-up, or mould <b>Extation Ergonomics</b> Appropriate adjustable furniture and equipment available Workstation heights adjustable to suit worker size as applicable Chairs appropriate to task and adjustable Footrest provided where needed Sufficient workspace for the intended work. Frequent micro-breaks from computer or from fixed position work Carts or other appropriate mechanical lifting equipment / aids available and used for handling heavy / awkward loads/ materials ce Equipment
S	Genv	Work surfaces free from glare or shadows Floors, aisles & staircases are well lit eral Ventilation/Indoor Air Quality Ventilation adequate for room conditions and usage Thermal comfort maintained (temperature, humidity, air flow) Ventilation systems regularly inspected, tested and maintained Air inlets and outlets free of contamination such as dust, dirt build-up, or mould <b>Extation Ergonomics</b> Appropriate adjustable furniture and equipment available Workstation heights adjustable to suit worker size as applicable Chairs appropriate to task and adjustable Footrest provided where needed Sufficient workspace for the intended work. Frequent micro-breaks from computer or from fixed position work Carts or other appropriate mechanical lifting equipment / aids available and used for handling heavy / awkward loads/ materials <b>ce Equipment</b> Wall and ceiling fixtures securely fastened
S	Genu Genu Genu Genu Genu Genu Genu Genu	Work surfaces free from glare or shadows Floors, aisles & staircases are well lit eral Ventilation/Indoor Air Quality Ventilation adequate for room conditions and usage Thermal comfort maintained (temperature, humidity, air flow) Ventilation systems regularly inspected, tested and maintained Air inlets and outlets free of contamination such as dust, dirt build-up, or mould <b>Extation Ergonomics</b> Appropriate adjustable furniture and equipment available Workstation heights adjustable to suit worker size as applicable Chairs appropriate to task and adjustable Footrest provided where needed Sufficient workspace for the intended work. Frequent micro-breaks from computer or from fixed position work Carts or other appropriate mechanical lifting equipment / aids available and used for handling heavy / awkward loads/ materials <b>ce Equipment</b> Wall and ceiling fixtures securely fastened Desk and file drawers kept closed when not in
	Genv	Work surfaces free from glare or shadows Floors, aisles & staircases are well lit eral Ventilation/Indoor Air Quality Ventilation adequate for room conditions and usage Thermal comfort maintained (temperature, humidity, air flow) Ventilation systems regularly inspected, tested and maintained Air inlets and outlets free of contamination such as dust, dirt build-up, or mould <b>Extation Ergonomics</b> Appropriate adjustable furniture and equipment available Workstation heights adjustable to suit worker size as applicable Chairs appropriate to task and adjustable Footrest provided where needed Sufficient workspace for the intended work. Frequent micro-breaks from computer or from fixed position work Carts or other appropriate mechanical lifting equipment / aids available and used for handling heavy / awkward loads/ materials <b>ce Equipment</b> Wall and ceiling fixtures securely fastened

their	checklist as applicable.
	Office accessories secured or stored when not in
_	use
	File cabinets, drawers or shelves not overloaded
	Filing cabinets/shelves properly secured to floor and/or walls where appropriate
	Furniture and equipment free of sharp edges
	Electrical or telephone cords not a trip hazard
	Photocopiers and printers located in well
	ventilated area to prevent contaminant buildup
Nois	
	Noise levels within acceptable levels for the
	activities conducted
	trical Safety
	Electrical cords, plugs and sockets in good
_	condition
	Extension cords not used as permanent wiring
	nor are they connected to one another, 'daisy- chaining
	Adequate electrical outlets
	Electrical outlets not overloaded
	Grounded connections
	Electrical panels are covered and accessible
	Wire conditions are acceptable
	GFCIs used within 1.5m of wet areas
	Lockout/Tagout procedures in place
	mical Safety
_	nical Storage
	Chemical agents properly stored, identified, and
	labeled
	Proper chemical segregation per the <u>UofT</u>
	Chemical Storage Flowchart Proper storage shelving
	Tidy and uncluttered
	Current safety data sheets (SDS) readily
	available at all times for chemical agents. Gold
	Standard safety sheets are available through
	ChemWatch.
WHI	VIIS
	Containers WHMIS labeled
	Where required, employee trained in WHMIS,
	including safe use, handling, and disposal of
	chemical agents
	Chemical inventory available
	nical Spills Spill kit available
	All personnel trained in spill cleanup procedures
	nical Waste
	Containers properly labeled
	Proper storage
	Regular disposal
	Personnel trained in proper waste disposal
	procedures
	pratories
	e: labs may have additional safety requirements
	rescribed by their specific permit, applicable
	lation, local procedures, safety plans etc. Please act EHS for any additional questions or concerns
	act EHS for any dualitonal questions or concerns arding labs. The below items are intended to
	ide general considerations to assist JHSCs in
	lucting inspections in laboratory environments.
	ere feasible, assign inspection of laboratory areas
	ISC members with experience in these types of
	k areas.
Eme	rgency Preparedness
Eyev	vash Station
	Readily available and accessible (access not
	impeded by obstruction)



	Functional	
	Bump tested weekly	
Eme	rgency Deluge Shower	
	Readily accessible	Biol
	Safety tag showing annual testing completed	
Flam	mable Materials	
	Maximum of 3 flammable storage cabinets/lab	Che
	Maximum of 250L flammable and 250L	
	combustible liquid materials stored in an	
	approved cabinet	
	Maximum of 50L flammable and 200L	Add
	combustible liquid materials stored outside an	
	approved cabinet	
	Flammable stored away from heat or other	
	ignition sources	
Com	pressed Gas Cylinders	
	Properly secured to fixed object in use and	
	when stored	
	Properly labeled	
	Valve cap on when not in use	Gen
	Away from heat or ignition sources	Eme
	Additional ventilation may be required for the	
	use of toxic compressed or liquefied gases	
Radi	ation Hazards	
	Radioisotopes permit posted	
	Active work and storage areas properly marked	
	Radioactive waste properly contained and	
	labeled	
	All users have received applicable radiation	Mat
	safety training	
Clas	s 3B and 4 Lasers	
	List of class 3B and 4 Lasers (under the permit)	
	Warning signs on the doors (and warning light	
	for class 4 laser labs)	Pers
	Curtains/barriers behind the entry door (for	
	class 4 laser labs)	
	List of authorized personnel posted	
	All users have received applicable laser safety	
	training	
X-ra	γs	Com
	X-ray machines registered with RPS and MOL	
	X-ray permit and approved floor plan posted	
	List of authorized personnel posted	
	All users have received applicable x-ray safety	
	training	Lado
Ultra	aviolet Radiation	
	RPS has been involved in UV radiation use	
Biol	ogical Hazards	
	Valid biosafety certificate	
	Workers appropriately trained	
	Appropriate permit door signage for applicable	
	biosafety containment Level	Han
	Users trained on the appropriate disposal of	
	hazardous waste and Waste Procedures and	
	Information for Bio Labs for applicable labs	
Pers	onal Protective Equipment (PPE)	
	Employees trained in proper use of protective	
	equipment	
	Applicable PPE used (eye protection, lab coat,	Mac
	protective clothing, etc.)	
		_
	protective clothing, etc.)	
	protective clothing, etc.) Proper gloves worn specific to the hazard	
	protective clothing, etc.) Proper gloves worn specific to the hazard Closed toe shoes worn in a lab	
	protective clothing, etc.) Proper gloves worn specific to the hazard Closed toe shoes worn in a lab Respiratory protection worn where required	
	protective clothing, etc.) Proper gloves worn specific to the hazard Closed toe shoes worn in a lab Respiratory protection worn where required Protective equipment regularly inspected and	
	protective clothing, etc.) Proper gloves worn specific to the hazard Closed toe shoes worn in a lab Respiratory protection worn where required Protective equipment regularly inspected and maintained mical Fume Hoods	
Che	protective clothing, etc.) Proper gloves worn specific to the hazard Closed toe shoes worn in a lab Respiratory protection worn where required Protective equipment regularly inspected and maintained	
Cher	protective clothing, etc.) Proper gloves worn specific to the hazard Closed toe shoes worn in a lab Respiratory protection worn where required Protective equipment regularly inspected and maintained mical Fume Hoods Proper type for current use	
Cher	protective clothing, etc.) Proper gloves worn specific to the hazard Closed toe shoes worn in a lab Respiratory protection worn where required Protective equipment regularly inspected and maintained mical Fume Hoods Proper type for current use Unblocked and uncluttered	

	Fume hood performance tested by EHS within
	past 12 months (sticker attached)
	Sash lowered to appropriate level
	gical Safety Cabinets
	Certified within past 12 months (CL2)
	Unblocked and uncluttered nical / Biological Refrigerators/Freezers
	Not used to store food or drinks
	Clean and uncluttered
	Explosion safe/proof, according to use
Addi	tional Laboratory Guidelines
	Lab equipment clean, in good working order,
_	and regularly inspected and maintained.
	Make sure electrical equipment is properly
	connected, grounded and in good working order.
	Users properly trained
	No evidence of eating or drinking in lab
	Emergency contact numbers listed
Gene	eral Industrial
	gency Equipment
	Properly functioning eyewash station present
	and readily accessible where hazardous materials and/or risk of flying objects to eyes is
	present / are used
	Deluge shower readily accessible where
	corrosive or skin absorbed chemicals handled
	Deluge shower tested within past year
	erials Handling
	Carts and/ or mechanical lifting equipment available and used for handling heavy materials
	Workers trained in proper manual materials
	handling and lifting
Perso	onal Protective Equipment (PPE)
	Proper personal protective equipment matched
	to the specific hazard – available and worn
	Protective equipment regularly inspected and maintained
	Employees trained in proper use
Com	pressed Gas Cylinders
	Properly secured to fixed object
	Properly labeled
	Valve cap on when not in use
Ladd	Away from heat or ignition sources
	In good condition
	Free of grease, oil or debris
	Ladders exceeding 6m properly secured when
_	not in use
	Non-conductive ladders used in electrical work/ areas
Hand	and Portable Tools
	In good working order and condition
	Regularly inspected and maintained
	Electrical grounding or double insulation
_	protection
	Users properly trained
	Properly stored when not in use ninery and Guarding
	In good working order and condition
	Regularly inspected and maintained
	Proper guarding or protective devices on pinch
	Proper guarding or protective devices on pinch points, in-running nip points and points of
	Proper guarding or protective devices on pinch points, in-running nip points and points of operation
	Proper guarding or protective devices on pinch points, in-running nip points and points of operation Emergency or e-stop buttons (red mushroom)
	Proper guarding or protective devices on pinch points, in-running nip points and points of operation Emergency or e-stop buttons (red mushroom) installed where appropriate
	Proper guarding or protective devices on pinch points, in-running nip points and points of operation Emergency or e-stop buttons (red mushroom)
	Proper guarding or protective devices on pinch points, in-running nip points and points of operation Emergency or e-stop buttons (red mushroom) installed where appropriate Fixed guards in place and in good condition Operating controls guarded against inadvertent activation
	Proper guarding or protective devices on pinch points, in-running nip points and points of operation Emergency or e-stop buttons (red mushroom) installed where appropriate Fixed guards in place and in good condition Operating controls guarded against inadvertent

## ENVIRONMENTAL HEALTH & SAFETY

	Isolation and lockout provided for servicing and
	maintenance
	Users properly trained
	Operator manual present
	Equipment chains, slings, ropes and hooks in
	good condition
	Labeled as to rated working load
	5
_	Annual inspection records available
	Operated only by trained and competent
	personnel
Elect	trical Power Systems
	High voltage and control panels closed and
_	secured
	Control panels identified and accessible
	Wiring, insulation, and fixtures in good
	condition
	Lockout/Tagout system in place
<u> </u>	Equipment protected from fluids
Nois	
	Hazardous noise areas identified and
	marked/posted
	Hearing protection devices available and worn
	in designated areas
	5
	Workers trained in noise hazards and use of
	hearing protection
Cont	fined Spaced
Π	Access is secured
	Entry by permit only
	All workers have been trained
	Rescue plan is in place
	All equipment (including air monitors and
	rescue equipment is present)
Kitch	nen & Loading Dock
	ective Equipment
_	
	Proper protective equipment type
	Proper gloves worn specific to the hazard
	Denote at the second and an end of the second second second
	Protective equipment regularly inspected and
	maintained
	maintained
	maintained Employees trained in proper use of protective
_	maintained Employees trained in proper use of protective equipment
	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn
	maintained Employees trained in proper use of protective equipment
	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn
Kitcł	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>nen Equipment</b> In good working order and condition
Kitch	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>hen Equipment</b> In good working order and condition Regularly inspected and maintained
Kitch	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>hen Equipment</b> In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation
Kitch	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>hen Equipment</b> In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected
Kitch	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>then Equipment</b> In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points,
Kitch	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn then Equipment In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation
Kitch	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>then Equipment</b> In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points,
Kitch	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>The Equipment</b> In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation
Kitcł	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>Ten Equipment</b> In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation Fixed guarding in place and in good condition Users properly trained
	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>Ten Equipment</b> In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation Fixed guarding in place and in good condition <u>Users properly trained</u> Lockout/Tagout procedure in place
Kitch	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>ten Equipment</b> In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation Fixed guarding in place and in good condition <u>Users properly trained</u> Lockout/Tagout procedure in place ge Hoods
Kitch	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>nen Equipment</b> In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation Fixed guarding in place and in good condition Users properly trained Lockout/Tagout procedure in place ge Hoods Regularly inspected
Kitch	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>ten Equipment</b> In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation Fixed guarding in place and in good condition <u>Users properly trained</u> Lockout/Tagout procedure in place ge Hoods
Kitch	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>nen Equipment</b> In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation Fixed guarding in place and in good condition <u>Users properly trained</u> Lockout/Tagout procedure in place ge Hoods Regularly inspected Clean and in good condition
Kitch	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>nen Equipment</b> In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation Fixed guarding in place and in good condition Users properly trained Lockout/Tagout procedure in place ge Hoods Regularly inspected Clean and in good condition
Kitcł Kitcł Rang	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>nen Equipment</b> In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation Fixed guarding in place and in good condition Users properly trained Lockout/Tagout procedure in place ge Hoods Regularly inspected Clean and in good condition
Kitch	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>The Equipment</b> In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation Fixed guarding in place and in good condition <u>Users properly trained</u> Lockout/Tagout procedure in place ge Hoods Regularly inspected Clean and in good condition Not being used as storage area/Free of
Kitch	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>The Equipment</b> In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation Fixed guarding in place and in good condition <u>Users properly trained</u> Lockout/Tagout procedure in place <b>ge Hoods</b> Regularly inspected Clean and in good condition Not being used as storage area/Free of accumulated cargo
Kitcł Kitcł Rang	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>Ten Equipment</b> In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation Fixed guarding in place and in good condition <u>Users properly trained</u> Lockout/Tagout procedure in place <b>ge Hods</b> Regularly inspected Clean and in good condition Not being used as storage area/Free of accumulated cargo Documented service/maintenance history on
Kitch	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>The Equipment</b> In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation Fixed guarding in place and in good condition <u>Users properly trained</u> Lockout/Tagout procedure in place <b>ge Hoods</b> Regularly inspected Clean and in good condition Not being used as storage area/Free of accumulated cargo
Kitch	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>Ten Equipment</b> In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation Fixed guarding in place and in good condition <u>Users properly trained</u> Lockout/Tagout procedure in place <b>ge Hods</b> Regularly inspected Clean and in good condition Not being used as storage area/Free of accumulated cargo Documented service/maintenance history on
Kitcl	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>Ten Equipment</b> In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation Fixed guarding in place and in good condition <u>Users properly trained</u> Lockout/Tagout procedure in place <b>ge Hoods</b> Regularly inspected Clean and in good condition Not being used as storage area/Free of accumulated cargo Documented service/maintenance history on lifts/levelers Dock leveler/plate are in proper working order
Kitci	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>Ten Equipment</b> In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation Fixed guarding in place and in good condition Users properly trained Lockout/Tagout procedure in place ge Hoods Regularly inspected Clean and in good condition Not being used as storage area/Free of accumulated cargo Documented service/maintenance history on lifts/levelers Dock leveler/plate are in proper working order Dock leveler/plate has been load tested
	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>Ten Equipment</b> In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation Fixed guarding in place and in good condition Users properly trained Lockout/Tagout procedure in place <b>ge Hoods</b> Regularly inspected Clean and in good condition Not being used as storage area/Free of accumulated cargo Documented service/maintenance history on lifts/levelers Dock leveler/plate are in proper working order Dock leveler/plate has been load tested Telephone and emergency numbers posted
Kitci	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>Ten Equipment</b> In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation Fixed guarding in place and in good condition Users properly trained Lockout/Tagout procedure in place ge Hoods Regularly inspected Clean and in good condition Not being used as storage area/Free of accumulated cargo Documented service/maintenance history on lifts/levelers Dock leveler/plate are in proper working order Dock leveler/plate has been load tested Telephone and emergency numbers posted Passageways are free of obstructions and
	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>Ten Equipment</b> In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation Fixed guarding in place and in good condition Users properly trained Lockout/Tagout procedure in place <b>ge Hoods</b> Regularly inspected Clean and in good condition Not being used as storage area/Free of accumulated cargo Documented service/maintenance history on lifts/levelers Dock leveler/plate are in proper working order Dock leveler/plate has been load tested Telephone and emergency numbers posted
	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>Den Equipment</b> In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation Fixed guarding in place and in good condition <u>Users properly trained</u> Lockout/Tagout procedure in place <b>ge Hoods</b> Regularly inspected Clean and in good condition Not being used as storage area/Free of accumulated cargo Dock leveler/plate are in proper working order Dock leveler/plate has been load tested Telephone and emergency numbers posted Passageways are free of obstructions and tripping hazards
	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn Ten Equipment In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation Fixed guarding in place and in good condition Users properly trained Lockout/Tagout procedure in place ge Hoods Regularly inspected Clean and in good condition Not being used as storage area/Free of accumulated cargo Documented service/maintenance history on lifts/levelers Dock leveler/plate are in proper working order Dock leveler/plate has been load tested Telephone and emergency numbers posted Passageways are free of obstructions and tripping hazards Walkways adequately marked (e.g., painted
	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn Ten Equipment In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation Fixed guarding in place and in good condition Users properly trained Lockout/Tagout procedure in place ge Hoods Regularly inspected Clean and in good condition Not being used as storage area/Free of accumulated cargo Documented service/maintenance history on lifts/levelers Dock leveler/plate are in proper working order Dock leveler/plate has been load tested Telephone and emergency numbers posted Passageways are free of obstructions and tripping hazards Walkways adequately marked (e.g., painted lines) and adequately lit
	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn Ten Equipment In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation Fixed guarding in place and in good condition Users properly trained Lockout/Tagout procedure in place ge Hods Regularly inspected Clean and in good condition Not being used as storage area/Free of accumulated cargo Documented service/maintenance history on lifts/levelers Dock leveler/plate are in proper working order Dock leveler/plate has been load tested Telephone and emergency numbers posted Passageways are free of obstructions and tripping hazards Walkways adequately marked (e.g., painted lines) and adequately lit Restricted access to unauthorized persons to
	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>Ten Equipment</b> In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation Fixed guarding in place and in good condition Users properly trained Lockout/Tagout procedure in place <b>Be Hods</b> Regularly inspected Clean and in good condition Not being used as storage area/Free of accumulated cargo Documented service/maintenance history on lifts/levelers Dock leveler/plate are in proper working order Dock leveler/plate has been load tested Telephone and emergency numbers posted Passageways are free of obstructions and tripping hazards Walkways adequately marked (e.g., painted lines) and adequately lit Restricted access to unauthorized persons to loading zone
Kitcl       Image: Constraint of the second sec	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn Ten Equipment In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation Fixed guarding in place and in good condition Users properly trained Lockout/Tagout procedure in place ge Hods Regularly inspected Clean and in good condition Not being used as storage area/Free of accumulated cargo Documented service/maintenance history on lifts/levelers Dock leveler/plate are in proper working order Dock leveler/plate has been load tested Telephone and emergency numbers posted Passageways are free of obstructions and tripping hazards Walkways adequately marked (e.g., painted lines) and adequately lit Restricted access to unauthorized persons to
	maintained Employees trained in proper use of protective equipment Closed toe, non-slip shoes worn <b>Ten Equipment</b> In good working order and condition Regularly inspected and maintained Electrical grounding or double insulation protected Equipment properly guarded on pinch points, in-running nip points and points of operation Fixed guarding in place and in good condition Users properly trained Lockout/Tagout procedure in place <b>Be Hods</b> Regularly inspected Clean and in good condition Not being used as storage area/Free of accumulated cargo Documented service/maintenance history on lifts/levelers Dock leveler/plate are in proper working order Dock leveler/plate has been load tested Telephone and emergency numbers posted Passageways are free of obstructions and tripping hazards Walkways adequately marked (e.g., painted lines) and adequately lit Restricted access to unauthorized persons to loading zone



**ENVIRONMENTAL HEALTH & SAFETY** 

- General and task-specific ergonomic training is provided
- Dock approaches are free from
- potholes/deteriorated pavement Dock bumpers and/or barriers are in good
- condition

at a minimum

- Wheel chocks are available
- Warning signs or lights regarding moving vehicles are in use
- Truck engines are turned off during loading/unloading operations
- Fire extinguishers are fully charged & accessible Emergency exits are clearly marked
- Flammable and combustible liquid materials are properly stored
- Equipment to clean spills/oils/grease available
- Doors and dock seals are regularly maintained
- Workers are wearing proper PPE. Safety shoes

- First aid kit available, certified first aider  $\square$ information available
- Eyewash station available in the vicinity, and the location is posted, if applicable
- Dedicated means of access/passageway on/off loading dock (side stairs/side ladder/other)
- Signage clearly labeling "Loading Area" Access ladder properly secured and in good
- condition
- Piping and equipment protected from vehicle traffic
- Gas cylinder properly secured and protected from vehicles
- Pallets properly stored
- Solid waste containers in good condition and not overflowing
- Ramps and rails in good condition
- Appropriate marking indicating changes in elevation

### **Materials Handling**

- Proper lifting/carrying procedures
- Racks are in good condition
- No unsafe stacking
- Usage of proper equipment as required

#### Commonly used items stored at waist height

- Food Handling
- Use proper tools to handle food
  - Storage of food is appropriate

# Training

- WHMIS trained (as required) Trained in risk in contact with steam, hot water,
- hot oil and hot surfaces
- Trained in proper knife handling
- Trained and documented in the usage of equipment
- User manual available
- Trained in ladders and lifting devices as required