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JOINT HEALTH & SAFETY COMMITTEE

JHSC NEWSLETTER

FEBRUARY 2026

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NEW ITEMS

JHSC ADMINISTRATIVE RESOURCES

- Health & Safety Boards

UOFT & EHS' POLICIES/GUIDELINES

- Food Allergies

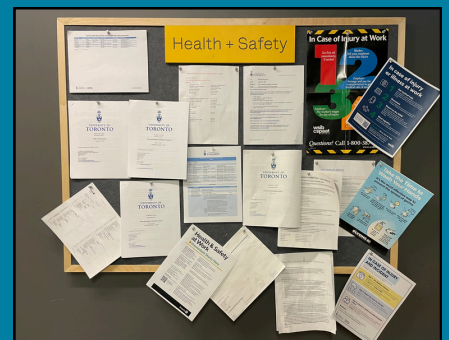
TRAINING & EDUCATION

- **New System!** Safety Platform for Research & Occupational Health at UofT (SPROUT)
- First Aid Kits & Automated External Defibrillator (AED)

HEALTH & SAFETY BOARDS

Since 2024, EHS has migrated all 200+ health and safety boards to the [official UofT map](#); creating a centralized, interactive way to [locate the boards](#), resources, and services across the tri-campuses. EHS will continue annual audits to ensure accuracy and compliance. Visit the [JHSC Health & Safety Boards](#) webpage for more information.

JHSCs remain responsible for keeping boards up to date. Please contact [EHS JHSC](#) with any discrepancies, questions, or recent board installations or relocations.



NUT-FREE ZONE



- Nut-containing foods include:
- Mixed nuts
 - Nut-based butters and spreads
 - Nut-based oils, sauces, and dressings
 - Baked goods containing nuts
 - Granola and energy bars
 - Chocolate and candy containing nuts

FOOD ALLERGIES

A dedicated [food allergy](#) webpage, along with a [sample poster](#), has been developed to raise awareness of food allergies, explain potential health risks, and outline how to respond to concerns.

By staying informed, being considerate, planning ahead, individuals and supervisors can help reduce risks, and better support people with potential food allergies.



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SAFETY PLATFORM FOR RESEARCH & OCCUPATIONAL HEALTH AT UOFT (SPROUT)

EHS has upgraded and modernized its systems, called [SPROUT](#); a platform for EHS training, research compliance permits, medical surveillance, respiratory fit-testing, and EHS inspections.

The Training Management module was implemented on December 1, 2026. Updates will be provided when additional modules/features are available.

My EHS Training (Old System)

- Two-step authentication required
- Active VPN required for access
- Training records only available as non-accessible PDFs and may take up to two weeks to update
- No training reminders or expiry warnings available

[SPROUT](#) (New System)

- Cloud-based, accessible anywhere
- No VPN required; works in any web browser
- Training records available on accessible desktop and mobile pages within 48 hours of completion
- Reminders and expiry alerts available in early 2026



Questions about [SPROUT](#)? Contact the [EHS Office](#).

FIRST AID KITS & AUTOMATED EXTERNAL DEFIBRILLATOR (AED)

Resources for First Aiders

Guidance documents for First Aiders.

- [First Aider's Guidance Sheet](#)
- [University of Toronto First Aid Program](#)
- [Certified First Aiders List](#)

Required Postings

First aid kit checklists and other required items to be posted at First Aid Stations.

- [First Aid Kit Checklist - Reg 1101](#)
- [First Aid Kit Checklist - CSA Z1220-17](#)
- [First Aid Kit Located Here Sign](#)
- [First Aid Treatment Log](#)
- ["In Case of Injury" Poster \(Form 82\) | WSIB](#)

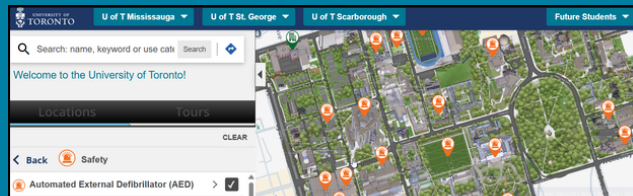
[First aid kits](#) in the workplace, at a minimum, are required to contain the items listed in:

- [Sections 8, 9, 10, 11, or 16 of Regulation 1101](#) or
- [CSA Standard First Aid Kits for the Workplace \(Z1220-17\)](#).

Is your workspace first aid compliant? Review the [FAQs](#).

EHS provides [first aiders guidance](#), [first aid training](#), maintains a [Certified First Aiders Directory](#) across the tri-campuses.

A list of known AEDs across the tri-campuses can also be found on the UoFT Map: [St. George](#), [UTM](#), [UTSC](#).





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REMINDERS

For more information on these topics, refer to the following links:

POLICIES/GUIDELINES

- [Respiratory Illnesses \[e.g. Influenza \(flu\), Respiratory Syncytial Virus \(RSV\), COVID-19, and etc.\]](#)
- [Legionella Testing](#)
- [Reporting an Incident/Accident & Indoor Air Quality \(IAQ\) Concerns](#)
- [Asbestos Management Program](#)
- [Emergency Preparedness](#)
- [Eyewash Inspection](#)

ADMINISTRATIVE RESOURCES

- [Facilities & Services \(F&S\) Alerts](#)
- [JHSC Information](#)
- [EHS Occupational Health & Safety Training](#)
- [EHS JHSC SharePoint & Distribution](#)
- [Workplace Inspections](#)
- [Interested in joining a JHSC?](#)

LINKS

For quick access, refer to the following links:

EHS JHSC CONTACTS

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Toronto, ON, M5S 1A2, Canada
Tel: 416.978.4467
Email: ehs.jhsc@utoronto.ca
[Contact Us - Our Staff](#)

JHSC UTM & UTSC CONTACTS

- [University of Toronto Mississauga](#)
- [University of Toronto Scarborough](#)

JHSC INFORMATION

- [Membership List](#)
- [Listing and Resources](#)
- [FAQs](#)
- [Health and Safety Boards](#)
- [Building Coverage](#)
- [Certification](#)
- [Newsletters](#)

REPORTING AN INCIDENT/ACCIDENT

In the event of an injury or accident:

- 1) **Get medical attention**
- 2) **Report** the injury or incident to a UofT contact
- 3) **Submit** an [accident/incident eForm](#) within 24 hours

EHS OCCUPATIONAL HEALTH & SAFETY TRAINING

Training Matrix: [Admin & Facilities Staff](#) (download the [printable version](#))

Training Matrix: [Laboratory Personnel](#)

[Basic Health and Safety Awareness Training](#) (this training is updated periodically and all employees are also encouraged to refresh their training annually)

Refer to [registration](#) and [FAQs](#) for detailed information