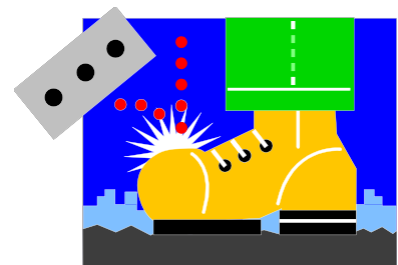




Appendix III: Sample Posters

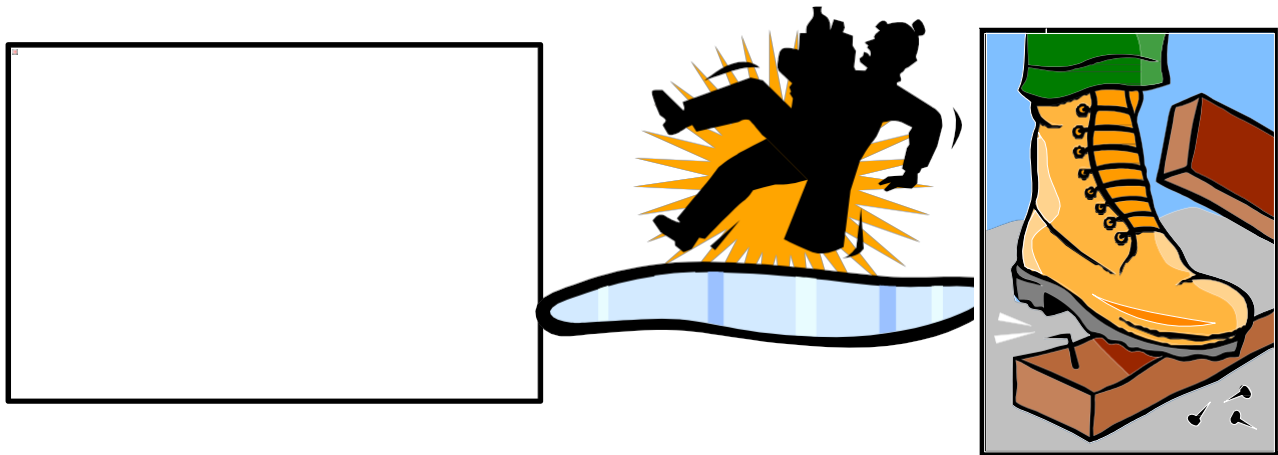
Avoid Slips, Trips and Falls

- Clean up all spills immediately
- Be careful around the edge of the dock. Keep a safe distance away.
- Never climb a storage rack. Always use a ladder or lifting device.
- Do not jump onto or from the dock
- Wear proper footwear





Is the Loading Dock kept clean and free of clutter?



- Practice good housekeeping
- Clean up all spills **immediately**
- **Do not** block fire exits and emergency equipment
- **Do not** use the loading dock as a storage area



Practice Safe Material Handling

- **Before** handling a material, check that your **path is clear**.



- **Bend your knees** and keep your **back straight** when lifting.



- **Use** material handling equipment (e.g. lift trucks, dollies, etc.) wherever available



- Use **two** people to carry **larger** loads.





You are **NOT** alone



Be Cautious of Pedestrians

- drive slowly and be alert
- give pedestrians the right-of-way
- make eye contact with pedestrians crossing your vehicle's path



- check for blind spots



- use a spotter for direction





Loading Dock Safety

Loading and Unloading

- Shut engine **OFF** and use mechanical restraints to prevent “trailer creep”



- Make sure dock plates are **secure** and can **support** loads, equipment and workers



- **Maintain** good communication between you and others



- Be cautious of falling freight
- Vehicles should **not** leave the dock until the driver is given the “All Clear” signal