SLOW DOWN, WATCH YOUR STEP

Serious injuries can result from slips, trips and falls:

- Fractured or broken arms, legs
- Head trauma
- Loss of teeth
- Bruises and scrapes

Reasons why people fall:

- Spills
- Ice, snow, rain
- Slippery floor surfaces
- or loose mats and rugs
- Not using hand rails (stairs)
- Poor lighting
- Clutter, obstacles

Office of Environmental Health & Safety
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