COVID-19 PREVENTION AND PRECAUTIONS

The University of Toronto is closely monitoring the COVID-19 situation. Please visit our website, utoronto.ca, to read the latest updates for the U of T community.

While our staff frequently cleans high-touch surfaces such as handrails and door handles, we encourage our community to continue to practice good hand-washing techniques and hygiene practices.

Please remember to:

- Avoid close contact with people who are ill.
- Stay at home or in your residence if you are ill.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Wash your hands often with soap and water for at least 15 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Cover your cough or sneeze with a tissue, then immediately throw the tissue in the garbage and wash your hands.
- And avoid shaking hands, since the virus can be spread this way. Instead, consider greeting people with a nod, wave or bow.
- If you don’t have a tissue, sneeze or cough into your sleeve or arm.