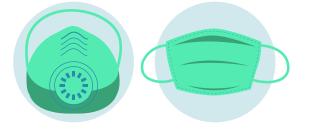
PROPER USE OF FACE MASKS

Members of the U of T community are encouraged to use masks when and where appropriate, in order to prevent the spread of COVID-19.

Medical Masks



Includes N95 masks and surgical masks

To be used while conducting applicable research/work. Assessment for use required by EHS.

Non-Medical Masks



Includes homemade, store-bought cloth mask / non-medical type

The steps below are for medical masks only. We encourage you to learn more about how to wear and care for non-medical face masks at ehs.utoronto.ca/covid-19-information.

Putting on Your Medical Mask



Wash hands using soap and water or an alcohol-based hand sanitizer



Place the mask securely over your nose and mouth



a seal over your nose bridge

Secure ties or elastic bands at middle of head and neck

Taking Off Your Medical Mask



Wash hands using soap and water or an alcohol-based hand sanitizer



Grasp bottom ties or elastics of the mask, then the ones at the top, and remove without touching the front



Discard mask according to instructions



Immediately wash your hands using soap and water or an alcohol-based hand sanitizer

Mask Safety

- Inspect all PPE before donning
- Keep hair and hands away from face and avoid re-adjusting while using it
- ✓ If re-using the same day, cover with a tissue and store in a clean plastic bag or container
- ✓ Hold masks by ear loops to avoid touching the front of the mask
- ✗ Do NOT use if damaged
- **X** Do NOT leave mask around neck, hanging from your ear or on your forehead
- ★ Do NOT share masks with others

UNIVERSITY OF ORONTO If you are required to be on-campus to conduct work and cannot maintain physical distancing, please speak with your supervisor.

For more information regarding the use of face masks, please contact EHS or visit: ehs.utoronto.ca/covid-19-information ontario.ca/page/face-coverings-and-face-masks