

COVID-19 Isolation Requirements August 2022

<https://covid-19.ontario.ca/exposed>

Do you have COVID-19 symptoms or have tested positive for COVID-19?

Do you have any of these symptoms?

- Fever/chills
- Cough
- Shortness of breath
- Decrease/loss of smell and taste

No

Do you have two or more of these symptoms?

- Sore throat
- Headache
- Extreme fatigue
- Runny nose/nasal congestion
- Muscle aches/joint pain
- GI Symptoms (i.e. vomiting or diarrhea)

No

Has only one symptom

Self-Monitor for 10 Days

You have tested positive for COVID-19

Yes

Are you Immunocompromised?

Isolate for 10 Days

Fully vaccinated?*

Yes

Isolate for 5 Days

No

Isolate for 10 Days

You have COVID-19 symptoms

Are you a Close Contact?

No COVID-19 symptoms

Is the contact someone you live with?

No

Self-Monitor for 10 Days

Yes

If you:

- Have tested positive for COVID-19 in the past 90 days
- Are 18+ and have had a first booster dose
- Are under 18 years old and are fully vaccinated

Self-Monitor for 10 Days

If you:

- Are fully vaccinated but have NOT received a booster
- Have NOT had COVID-19 in past 90 days
- Are not fully vaccinated

Isolate for the same time that the symptomatic or positive person is isolating

* A primary series (FULLY VACCINATED) is as follows:

- 2 doses of Health Canada approved vaccines (Pfizer, Moderna, AstraZeneca, Novavax, Medicago), or 1 dose of the Janssen vaccine
- 1 or 2 doses of a non-Health Canada approved vaccine AND an mRNA dose (Pfizer or Moderna)
- 3 doses of a non-Health Canada approved vaccine

A booster is a dose received after you have completed your primary series of a vaccine according to Health Canada guidelines.